



Coping with Financial Uncertainty talking about money

Money Personalities

This will help you understand the role money plays in your life and how you want to manage money

1. Recall and write down early recollections about money when you were growing up.

2. What conclusions did you reach about money as a child, given how it was handled?

3. Who paid the bills and who made the money decisions in your household growing up?

4. What money habits would you like to change in your current relationship?

5. Were you aware of financial conflicts in your household? How were they resolved?

6. How would you like to resolve financial conflicts in your relationship?
